



**Indian Trail**  
**Freshman year checklist**

Class of 2020

# Who is my counselor?

- **Mr. Preuss A – CL**
- **Ms. Sutton CM – GRA**
- **Ms. Schreiber GRE – LA**
- **Ms. Ekstrom LE – PAP**
- **Ms. Schroeder PAQ – SK**
- **Mr. Sinden SL - Z**

# Role of Counselors

- Provide academic guidance to help students reach post-high school goals.
  - Enrolling in appropriate courses
  - Youth Options
- Provide support to help students address academic, behavioral, & personal issues that impact learning.

# Role of Counselors

- Provide information related to colleges/ universities, testing, financial aid, etc.
  - Counselor Nights
  - College & Career Center
- Assist students in applying to colleges/ universities.
  - Provide school-related information
  - Write letters of recommendation

# What you do matters!

- Freshman **courses, grades, credits** and **attendance** will become part of your transcript, seen and reviewed by future college admission representatives and employers.
- Develop good study habits. Stay organized by using your assignment notebook and setting a time for studying every day.

## Graduation Requirements

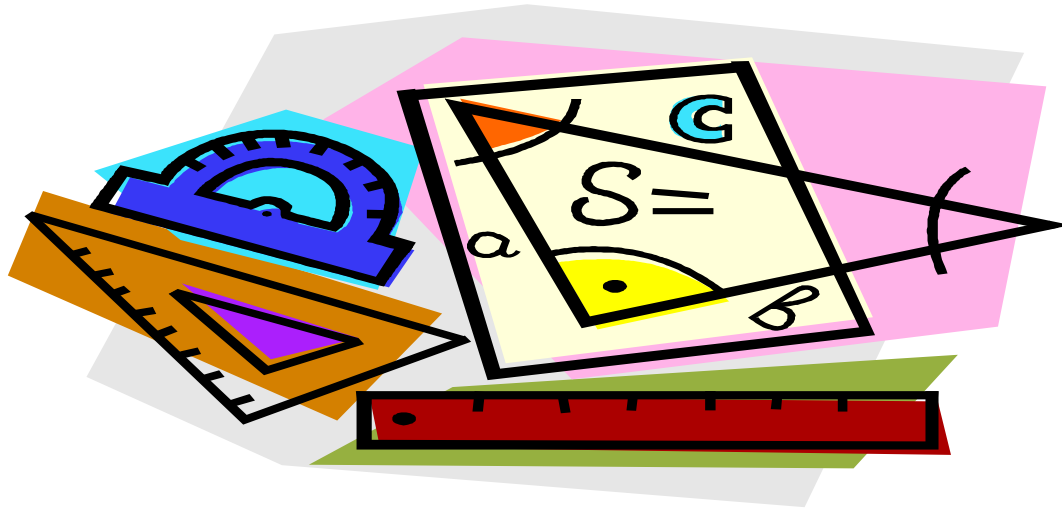
<u>Subject Area</u>	<u>Credits</u>
English	4
Math	3
Social Studies	
U.S. History	1
World History	1
U.S. Government	.5
Behavioral Science (Psychology/Sociology)	.5
Science	
Biology	1
Chemistry/Matter & Energy/Physics	1
Elective Science	1
Physical Education	1.5
Health	.5
Consumer Education	.5
Elective Courses	8
<b>Minimum credits required for graduation:</b>	<b>23 ½</b>
<b>Community Service:</b>	<b>10 hrs</b>
<b>Must pass <u>Civics Test</u>, as part of U.S. Government course</b>	

## Opportunities for Endorsements on Diploma

- Service Distinction – 100 hours of community service
- On-line Distinction – take an eSchool course or a class with a large component of On-line involvement
- Honors Distinction – earn 4 credits in Advanced Placement courses

# Hawk Help

- After-school tutoring will be available for students experiencing academic difficulties.



# 2016-2017 Hawk Help

Monday Tuesday Wednesday Thursday

Math

Rm. 1323  
6:30-7:25 AM

Rm. 1323  
6:30-7:25 AM

Rm. 1323  
3:25-4:25 PM

English

Rm. 2208  
3:25-4:25 PM

Rm. 2208  
3:25-4:25 PM

Rm. 2201  
3:25-4:25 PM

Rm. 2201  
3:25-4:25 PM

Science

Rm. 2325  
6:30-7:25 AM

Rm. 2325  
6:30-7:25 AM

Rm. 2325  
6:30-7:25 AM

Rm. 2325  
6:30-7:25 AM

Rm. 2201  
3:25-4:25 PM

Rm. 2201  
3:25-4:25 PM

Spanish

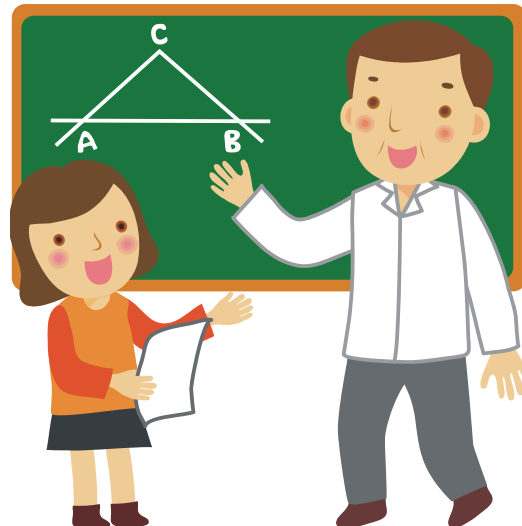
Rm. 1216  
3:25-4:25 PM

Rm. 1126  
6:30-7:25 AM



# Ask for HELP!

- Utilize your teachers when you have questions or problems. It is difficult for them to help you if they are unaware of your problems.



👍 **Get involved** in extra curricular activities at school and volunteer for activities in your community.

👉 **Students that are involved** have an **advantage** in getting into college and receiving scholarships.





Begin building your portfolio by keeping track of awards, achievements, leadership roles, etc.

# Choose your friends wisely . . .

- Are they a good influence on you?
- Do your parents approve of them?
- Do they take their education seriously?
- Do they have worthy and attainable goals for their future?
- Do they encourage you to do your best at school?

**Welcome to Indian Trail!**  
**We look forward to working with you.**

